

Is Your Success a Habit?

It has been said that our habits will either make us or break us. If you want to create the habit of breaking success barriers in all the areas of your life, you need to understand and appreciate the value of what you want to do; and then become the person that does it. Having a sense of purpose for what you do will help guide you there, but forming the right habits will get you there. Breaking success barriers isn't easy to do because it's about making the unnatural, natural, and automatic. That's why only the minority achieves it. It's not achieved by following only natural likes, dislikes, or natural tendencies. Winners have a purpose strong enough to get them to form the habit of doing the things they need to do to accomplish their purpose. When we master our habits, we master ourselves. When people form successful habits, those habits form successful people. We get stuck at certain levels of achievement when we develop our habits around the most comfortable methods, instead of designing or fine-tuning our habits for achieving an improved result.

Merely supporting yourself or your family is rarely a strong enough reason to make most people form the habit of doing the things they don't like to do. It's easier to adjust to making a mediocre living than to stretching yourself to make a better one. If you doubt it, just think of all the personal improvements you are not willing to make, to avoid doing the things you know you should be doing. Therefore, for people to find the discipline they need to hold them to their purpose is directly related to the strength of their purpose.

You have what you have today because of who you are and the fact that you have formed the habit of being that person. Every qualification for success is acquired through habit. Habits are to progress as machines are to momentum. The danger lies by not deliberately forming good habits. You may unconsciously form habits that limit your personal effectiveness and productivity.

There is only one way to guarantee improving results, and that is through habit. What often happens is we fall victim to diminishing intentions rather than being victorious by means of restructuring habits. When you become the master of your likes and dislikes, you master the ability to reinvent yourself in accordance with your purpose. To do this, you must surrender to that purpose. That's why behind every significant success there must be a meaningful purpose and why the power of purpose is so important to success.

Your success will not depend on outside circumstances or any other influences that are out of your control. Your success depends on your ability to go beyond the logical to making your purpose inspirational. Needs are logical — where dreams and desires are emotional and inspirational. You can count on your needs to push you only so far. When your needs are satisfied, you stop getting pushed. You need more power than that to break through success barriers. If your purpose is emotional and inspirational, they'll keep pushing you forward long after your needs are satisfied and until your dreams and desires are fulfilled.

If your purpose is big, then you will be big in its accomplishment. If your purpose is unselfish, then you will be unselfish in its accomplishment. Furthermore, if your purpose is honest, you will be honest and honorable in the accomplishment of it.

If you want to succeed beyond your fondest hopes and greatest expectations, know that you will never succeed beyond the purpose for which you are willing to surrender. Let the truth be known that your surrender will not be complete until you have learned how to form the habit of doing the things; failures do not like to do.