

Promise Yourself

- Be so strong that nothing can disturb your peace of mind.
- Talk health, happiness, and prosperity to every person you meet.
- Help your friends know that there is something special in them.
- Look at the sunny side and then make your optimism come true.
- Work to do your best and expect the best things to happen to you.
- Be just as enthusiastic about the success of others as your own.
- Forget mistakes of the past and press on to the greater achievements.
- Give every living creature you meet your appreciation and a smile.
- Always be willing to help others persevere and excel.
- Have the courage and faith to dare to do great things.
- Renew these promises to yourself on regular basis.